

COVID-19 Safety Plan

At Allan McGavin Sports Medicine Clinic, we are committed to ensuring the safety of our patients and staff during the COVID-19 pandemic.

As requested by the BC Provincial Health Officer, we are following the guidance provided by our health authorities, regulatory colleges, and WorkSafe BC to ensure that we have strong infection prevention and control protocols and occupational health and safety practices to prevent the spread of COVID-19 in this clinic.

We are ensuring the following important safety measures are in place:

1. Maintenance of safe physical distances as much as possible by:
 - limiting the number of physicians and staff in the clinic at any one time.
 - Providing some care virtually, and some in-person, to reduce the in-person time required.
 - implementing protocols to keep staff at least two metres from other staff and patients where possible.
 - placing markers on the floor to mark a two metres distance from the reception desk.
 - staggering patient appointment times to reduce gathering numbers in the waiting area.
 - requesting patients to arrive no more than 5 minutes before their appointment and wait outside the clinic or their vehicle until the time of their appointment. Our front desk staff can call/text them when we are ready for them to come in for appointment.
 - arranging the waiting area in a way that allows at least two metres of physical distance between patients
2. Ensuring hand and respiratory hygiene by:
 - requesting staff and patients practice hand hygiene upon entering and exiting the clinic
3. Using engineering and administrative controls by:
 - installing plexiglass to separate staff and patients at the reception desk
 - requesting patients to get change into loose clothing/shorts before arriving. If unable then clean clothing will be placed in exam room so patients can get change before Clinicians entering the room.
 - MOA staff immediately place the clothing used by the patient in the basket outside the exam room and wash all clothing at the end of the shift.
 - Asking patients to call in their insurance or credit card information to reduce the time at our reception desk. These can be put on file for future appointments.
 - Staff and practitioners are required to have the mask on at all times when interacting with patients.

4. implementing enhanced cleaning protocols:
 - MOA (Ortho and Medicine) wipe down surfaces in the waiting room every 2 hours, and the exam room. This includes shared equipment, practice tools and examination beds.
 - MOA (Ortho and Medicine) to wear gloves and mask when clean and disinfect any surface
 - Perform hand hygiene before wearing and after removing gloves and mask.
 - Build in extra time for cleaning/sanitizing examination rooms between patients
 - In response to COVID-19, Building Operations has adjusted their cleaning standards to meet [ISSA Canada](#) and [APPA Leadership in Educational Facilities](#) guidelines for COVID-19. Also, UBC service levels, products and equipment have all been analyzed by the risk management team and are meeting the requirements to ensure a safe and clean environment for campus users.
 - Encourage staff, clinician to often disinfected their working area & equipment such as desk surface, Keyboards, Computer mouse, Phones and headsets. Pencils and pens. Chairs.
5. adjusting the general ventilation to increase the amount of outdoor air used by the system
6. Using personal protective equipment use where appropriate.
7. Clinicians will wear medical masks, eye protection and gloves as appropriate.
8. Request patients to wear a mask (homemade) when visiting the office/clinic, or if necessary, we will provide masks to patients for \$1.00.
9. Following respective regulatory colleges guiding principles.
10. Ensuring staff do not come to work if they are sick, are placed on self-isolation, or have travelled out of the country within the last 14 days.
11. Pre-screening all patients prior to their appointment by asking if they have symptoms. If they have tested positive for COVID-19, they will need to self-isolate for 14 days and be asymptomatic before coming to an appointment.
12. Requesting that patients attend appointments alone where possible, and not bring friends or children unless that patient is a minor or requires a caregiver/translator.
13. Emailing patients any forms that need to be filled out so patients can complete them prior to arriving at the clinic